



Gospel Light®

HOME DISCUSSION GUIDE
for ages 10-12

SUMMER A
Lesson 10

Good Stuff

*Blessed are those who hunger and thirst
for righteousness, for they will be filled.*

Matthew 5:6

After an especially satisfying meal I asked my family, “Have you ever felt satisfied like this in a spiritual way?” I shared how sometimes doing right makes me feel satisfied. When I’ve gotten too much change back or the store didn’t charge me for something, I get that satisfied feeling after going back and making it right. Or sometimes after spending time reading the Bible and talking to God I have that kind of satisfying, full feeling. **Jesus explained that when we follow His ways, we are satisfied in Him. And when we are satisfied in Him, we don’t long for other things that don’t satisfy.**

Try This:

I talk with my preteens about the lifestyles of some popular young actors and singers—about how short-lived their fame and popularity might be and how some of them are reacting (well or badly) to their sudden fame and fortune. I tell them about other young people who are no longer famous or followed as they once were. We talk about what kinds of activities are more satisfying than others. **Only following Jesus gives us lasting satisfaction.**